Dear Parents and Members of our School Community

At St Benedict’s we offer a variety of opportunities to children across the curriculum to not only help them discover where their interests and passions lie but also to help them come to know that it doesn’t matter what you are doing rather than it is more about how you are doing it. A student may not be the best mathematician, sportsperson, instrumentalist or dancer but as long as he/she is trying their utmost, that’s all we can wish for. As an educator for over 20 years, I have expressed to the students in my care that you won’t truly know what you are good at or get the most out of a situation if you don’t apply yourself to it 100%. This has always been my mantra whether it be academic, sporting or performing arts pursuits. I have seen students achieve some pretty good results both individually and collectively as a result of this mantra.

It is one thing to express this to children, however, how do we get them to “buy into” it? The trick is to encourage not praise. Praise is external and a validation of an outcome. Encouragement however helps children to find their own praise, teaches them to recognise their own attributes, make considered decisions and come to know and accept themselves for who they are.

The simple ways we word positive reinforcement can make a difference to children’s reactions and development. An example of this is when a child helps you around the house. If you say: “Good job”, it is external and you validate an outcome. However, if you say: “Thanks for your help, I really appreciate it”, then you are conveying the value of what the child has done and showing gratitude. From this the child feels important and knows they are making valuable contributions to the family and also develops a sense of worth.

Another example of this is instead of saying: “Good job” when a child has completed a task or a school assignment, to say something like: “I can see that you have put a lot of work into this.” This recognises the effort that the child has put into the whole task. This encourages children to develop a strong work ethic and enables them to acknowledge the fact that they did put a lot of work into the task and they are happy with the outcome themselves, rather than waiting for external validation.

“You lead the way” is a great way to empower your child to make their own decisions, even though they might make mistakes, they learn from these and know that you trust them and come to trust in themselves. Whether it’s activities like a daily walk in to the park or cooking you can get your child to lead the way.

“I am listening” and giving your child your full attention when they are talking to you shows them that they matter to you and that you genuinely care what they are thinking or talking about. Showing this with active listening statements also helps. “So you went to recess and your normal friends weren’t there? How did you feel about that?” When we listen to our children with a goal of understanding them opposed to answering, rationalizing, or minimizing their thoughts, we are giving them the emotional encouragement they need to feel known.

This article was written from both personal experience and information from Kelly Bartlett.

I hope you all continue to help each other to be the best you can be for the world not in the world.

I think the Eagles play in a final tomorrow night. Good luck Eagles Fans

Until next week, God Bless

Darren McDonald
Principal

Dates to Diarise

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 Sept</td>
<td>Our Lady’s Birthday</td>
</tr>
<tr>
<td></td>
<td>Faction Athletics Carnival @ Aquinas</td>
</tr>
<tr>
<td>9 Sept</td>
<td>Year 1 Blue Class Assembly</td>
</tr>
<tr>
<td></td>
<td><strong>SCHOOL OPEN DAY</strong></td>
</tr>
<tr>
<td></td>
<td>Formalities commence at 1.15pm, please come along and celebrate this very important day with us.</td>
</tr>
<tr>
<td>13 Sept</td>
<td>Wakakirri Final @ Regal Theatre</td>
</tr>
<tr>
<td>14 Sept</td>
<td>Year 2 Class Liturgy 9:00am</td>
</tr>
<tr>
<td></td>
<td>School Board Meeting at 7pm</td>
</tr>
</tbody>
</table>
News from Italian Class...

Buongiorno! Semester Two has proven to be very busy in our Italian classes as students continue to learn about the Italian language, culture and its history.

Students have continued to strengthen their vocabulary and skills in the Italian language through songs and games and are developing active listening skills and responses through action-related talk. In particular, our students from years 3 to 6 have been working incredibly hard to develop an oral-presentation in Italian with a partner and are looking forward to sharing these with you soon.

Topics that have been covered so far this semester include ‘La famiglia’ (family), ‘Il tempo’ (the weather), ‘Il corpo’ (the body) and life in Italy. I am always amazed by the students’ level of enthusiasm as they learn and the way in which they use Italian to effectively communicate with others, given that for the vast majority of students at St Benedict’s School, Italian is a new language.

Grazie!
Signora Giorgi

SEEKING UNWANTED or PRE LOVED BOOK WEEK DRESS UP’s for CHILDREN IN A REFUGE

Thank you for the lovely costumes which we have already received. These will certainly make a few children very happy on BookWeek dress up day.

We would dearly like any Pirate of the Caribbean or Harry Potter costumes for the older boys in our care. Alternatively if you have any other costumes that would suit boys between the ages of 8 - 12 then we’d love to hear from you. If you have any queries, please contact Anita on 0409 080 013. Any loaned items will be returned clean, or you may hand them into Mrs Funga in Administration. Thanking you in anticipation of your kindness and generosity.

...3.2.1 Blast Into PPB!

Term 3 has been all about the Sky and Space!

The Walker Learning Approach, has allowed us to role play being Astronauts in the PPB Spaceship, design and build jet packs and rocket ships in the Construction Areas, fill out Space Ship Log Books in Literacy, develop our fine motor skills with Galaxy Playdough and count backwards from 20 for lift off.

In Science, Geography and Art, we investigated the topic of Weather and the Phases of the Moon. The weather component included; the clouds, rain droplets, the sun and how rainbows are formed. We created crescent shaped moons rainbows, clouds, Starry, Starry Night drawings and mixed primary colours to develop our understanding, creativity and fine motor skills.

In English, we have been reading fiction and non-fiction books about Space. We enjoyed reading ‘Sydney, Stella and the Moon’. The children completed book reviews and story sequence maps. By following recipes to cook yummy treats such as Moon Rocks and Rainbow Cupcakes, they have learnt the format of a recipe. The children are building their sight words bank through the ‘Magic Words’ program and are continuing to practise their cvc, cvcc and ccvcc words with the introduction of blends and digraphs such as sh, ch and th.

PPB has rocketed through Term 3! We are all gravitating into the stratosphere of learning. The PPB teaching team have witnessed a meteoric rise in the children’s learning. Buckle up into your harness for a rocket fuelled Term 4!
Athletics Carnival Thursday 8 September
@ Aquinas College
Year 3 - 6 commence at 9.40am
Year PP - 2 commence at 12pm

We still require two / three field events helpers from 9.40am. Please see us at the venue if you can assist. We welcome more parents for the staff student relay. Check in at the recorders table if you would like to run.

Congratulations to our Year Six students: - Alice, Dawn, Isabella, Sophie and Jessica who designed the covers for our athletics program this year.

All carnival helpers should receive notes home today. Programs for parents should also be coming home today. Please note:

- PP - Yr 2 children will be in running, relays and marching
- Yr 3 children will be in turbo, long, 80m, 200m, 400m, relay
- Yr 4 - 6 children will be in turbo, shot, long, 100m, 200m, 400m. Relays selected from fastest runners in each faction per year group.

The weather outlook for tomorrow is possible light shower in the early morning, with winds easing. Please ensure your children have enough to eat and drink to sustain them throughout the day. Also warm clothing is advisable.

P & F News ...

Firstly, we would like to thank Lynley Biancuzzo, Megan Dowling, and the Year 5 parents for hosting a wonderful Father’s Day Breakfast last Thursday morning. Your considerable efforts are very much appreciated, and it is wonderful to see so many children enjoying breakfast with the special men in their lives.

Well, the Gala is almost upon us! This is your last chance to secure tickets, and please follow our page on Facebook to keep updated on developments for the event.


Making Jesus Real award. Tom was nominated by his peers for consistently giving his time to role model good behaviour for our younger students.

IMPORTANT NOTICE

School Fees Payment Date

For those families who initiate fee payments, please be reminded that the next quarterly / monthly payments are due on the 15 September. If you have any queries at all regarding your fees or outstanding amounts, please do not hesitate to contact Mrs Moltoni in Finance.

SCHOOL PHOTO DAY IS COMING!

Dear Parents,

Our school photo day is coming! Approximately two weeks prior to the photo day every student will receive a Kapture Photography order envelope to bring home. The recommended method of ordering your photos is online through Kapture’s website as your payment is secure and can be easily verified at any time. Alternatively you can pay by cash and return the provided envelope to the school on the photography day. If you place your order online please DO NOT return your envelope to school.

Any parent who forgets or is unable to supply their envelope on the photo day will have five (5) days to complete an order online. Late payment envelopes cannot be accepted by the school office or by Kapture.

You also have the option to order a sibling photo package online, however please be aware there may be a limited number of sibling orders that can be placed due to time constraints on photo day. We suggest you place your online sibling order as early as possible to avoid disappointment.

Please note sibling orders close @ midday sharp Wednesday, 14 September 2016

Kapture offer a money back guarantee for any parent who is not fully satisfied with their photo package. Should you have any queries before or after photo day, please direct them to the Kapture office on 9240 1714 or email enquiries@kapture.com.au.

All students will be photographed individually on photo day for school administration records AS WELL as included in their class group photo available for purchase to all families. Should there be any reason why your child should NOT be included in the photo shoot.
Han’s On Heart
Fundraising Campaign

Join us on Wednesday 28th September 2016 for Dine in or Takeaway.
For every dollar spent, 50c will go to Telethon.

Chance to win 2 bottles of premium wine supplied by Samuel Smith & Son. (Dine in only)
**JOSEPHITE CALENDAR**
**2017 ORDER FORM**

**FEATURING ...**
- Inspirational quotes from our founders Saint Mary of the Cross MacKillop & Fr Julian Tenison Woods
- Major Church Feasts & Sundays of the Liturgical Year
- Public Holidays & School Term Dates for Australia
- Spectacular photographs

*Suitable for homes ... offices ... Staffrooms ... waiting rooms ... class rooms ... Ideal Christmas & birthday gifts*

---

**JOSEPHITE CALENDAR 2017 ORDER FORM**

<table>
<thead>
<tr>
<th>Name</th>
<th>Organisation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Address</th>
<th></th>
<th>Postcode</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Email</th>
<th>Phone</th>
<th>Mobile</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Your order / Comment</th>
<th>Mobile</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number required</th>
<th>@ $6.00 each = $</th>
<th>plus postage (see below) = $</th>
<th>TOTAL = $</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 to 3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4 to 6</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6 to 9</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bulk orders</td>
<td>$20 - $25</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(Not - form can be completed on computer, saved and reattached and emailed to Sr Maree)

**TO ORDER:**
Email: [mriddler@sosjwa.org.au](mailto:mriddler@sosjwa.org.au)
Post: Sr Maree Riddler, PO Box 593, South Perth WA 6951
Fax: (08) 9368 2018
Enquiries: 0414 683 926 or (08) 9334 0933

**PLEASE NOTE NEW PAYMENT DETAILS:**
- Cheques payable to: Sisters of St Joseph WA Administration
- EFT payments:
  - BSB: 062 217
  - A/C No: 10776590
  - Reference: Your name, school or parish
- Cash payments also accepted (in person)
- ABN: 33 293 441 659

Please send remittance advice to: [mriddler@sosjwa.org.au](mailto:mriddler@sosjwa.org.au)

*Above: Painting 'The Vision' by Jan Williamson, used with permission*