Dear Parents and Members of our School Community

This Friday we are having a Mass to celebrate the Feast Day of our only Australian Saint Mary MacKillop. The actual Feast Day is on Monday August 8. The year 5 class will be helping Father Nelson with the liturgy and all parents are welcome to join us.

Mary MacKillop’s story is a wonderful example of self-sacrifice and the importance of service of one’s self to others and the Lord.

Mary embraced diversity in others regardless of race, religion or gender. She also placed a trust in God that was so strong that even in her own troubled times she asked people to trust in Him knowing that he has a plan for us all and that if we trust in and pray to God he will carry us through every struggle.

Please take time to read the article on this link and think about how we can all use the example of Mary MacKillop for the betterment of society.


Last Friday in extremely windy conditions the netball and football teams took on Our Lady of Fatima at Marmion Reserve. The netball team looked very professional in their new uniforms, had another convincing victory and are shaping up very nicely for the carnival. The football team worked hard and dominated play for a gritty 7 point win. Inaccurate kicking cost them a bigger win it was 1:14 20 to OLF 2:1 13.

This Friday we take on St Patricks down in Fremantle and this will be our final tune up for the carnival. Training will be on Friday morning at 7.30am. Good luck to both teams.

Thank goodness the Pies beat the Eagles. It saved me quite a lot of grief on Monday. Richmond are the next assignment for Collingwood and are coming off a real drubbing at the hands of GWS and consequently the media so I am sure that they will throw everything at the Pies this week. Go Pies.

Until next week
God Bless

Darren McDonald
Principal
Assistant Principal News

Dear Parents,

Today our Year 4 students participated in their Eucharist Retreat Day at Heathcote. The retreat day provides a special opportunity for students to finalise their preparation to receive the Sacrament of First Holy Communion. Thank you to Mrs Geldenhuys, Miss Lewis, Mr Will, Mr McDonald and our parent volunteers who assisted in running today’s retreat day. Please keep our Year 4 students in your prayers as they receive this special sacrament over the coming 4 weeks.

This Friday, we celebrate the Feast of Saint Mary of the Cross, our first Australian Saint. Please join us for a whole school Mass at 9:00am in the Church. Thank you to Mrs De Winnaar and the Year 5 students for coordinating this Mass.

On Tuesday, 9 August our school choir will represent St Benedict’s in the Primary Sacred Choral Music section of the Catholic School’s Performing Arts Festival. Entry is a gold coin donation and our students will be performing between 1:15pm – 2:15pm in our Church. It would be wonderful to see as many of you there as possible to support our school choir.

May you all have a lovely week,
Michelle Christian, Assistant Principal

4K White News

Kindy has an “International Flavour” this term. We have been very fortunate to have Carmen’s mum, Barbara, visit and teach us about Belgium. We saw some amazing photographs of buildings and a stunning castle where Counts and Princes once lived. Barbara also told us how to count to five in Dutch, but it was rather tricky! Our afternoon was made when Carmen’s mum made Belgian waffles with a dusting of icing sugar... oh so yum!

We also ‘travelled’ to El Salvador and had Paige’s lovely Nanna, Abuelita, visit and share her knowledge with us. We now know that El Salvador has many volcanoes so we made our very own volcano! We learnt words such as: active and dormant. Paige’s Nanna also taught us how to count to 5 and sing a happy song in Spanish. We’re really clever now!

Thank you to both our visitors, you’ve brought much knowledge and fun to our classroom.

Together we will grow and learn.
Kindy White

3K Blue News

We have welcomed our new friends Christian, Alex, Charlie, Hannah, Lachlan and Harvey to Little Bennies Blue. Our focus this term is Nursery Rhymes, and last week we looked at Jack and Jill. We had so much fun acting the rhyme out, and loved the falling down bit the most. In one of our songs Make a Shape, we used our bodies to create different shapes. We made ourselves very small, tall, wide and crooked. We took full advantage of the very windy days last week, and got our running ribbons out. We made some great twisting twirling shapes in the wind.

Kind regards,
Michelle Higgs
Early Childhood Teacher
**Year 3 iMaths Investigation - Follow Freddy**

The Year 3 students have had a busy start to Term 3! They have just completed an adventurous investigation, where they helped their new friend ‘Freddy’ to find his way through a wild rainforest. Students used Freddy’s set of complicated clues to follow his journey and to get an idea of the language they need to use when providing directions. They then designed their own maps and created their own adventure by writing clues and plotting Freddy’s new path through the rainforest.

This fantastic investigation allowed students to apply and practice their knowledge of angles, map references, symmetry, and flips, slides and turns.

---

**“I learnt some new words and had some practice of flips, slides and turns.”** - Christian

**“I found plotting Freddy’s path fun. I learnt how to make a map.”** - Harrison

**“I learnt an angle is two lines that make a vertices. This investigation is awesome!”** - Ella

**“I enjoyed writing the clues. I learnt how to use quarter turns.”** - Darshyn

**“I learnt a bit more about flips, slides and turns like a three quarter turn, full turn and a half turn.”** - Ruby

**“I learnt to use flip, slides and turns and to mix flips, slides and turns around. I really enjoyed giving clues to get Freddy out of the rainforest!”** - Olivia

---

**P & F News**

To all our St Benny’s families,

*Plenty is happening in preparation for the Gala on Saturday 17th September. Tickets are selling fast so please organise your tables and purchase tickets to avoid disappointment. Updates will be happening regularly on our Facebook page, so please Like and Share:*  


*Preparations are also underway for other exciting community and fundraising events. This term we will be hosting the annual Father’s Day breakfast on Thursday 1st September so please save the date.*

*Other dates to diarise in Term 4 are our Lapathon on October 14th and the School Disco on November 4th.*

*Have a wonderful week!*

*Tanya Dowse-Kerr*

*P&F President*

---

**Last Chance to purchase a hard copy of the current Entertainment Book.**

*$65.00 each*

Please contact Administration

---

**Canteen Volunteers List**

**Term 3**

<table>
<thead>
<tr>
<th>Manager : Jodie Budiselikc - 0403 330 828</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Week 4</strong></td>
</tr>
<tr>
<td><strong>Week 5</strong></td>
</tr>
<tr>
<td><strong>Week 6</strong></td>
</tr>
<tr>
<td><strong>Week 7</strong></td>
</tr>
</tbody>
</table>

---

**LATE ARRIVALS**

All late arrivals must be signed in through the front Administration Office by a Parent or Guardian.

Parents / Guardians please access the Administration through the front door on Alness Street.

School commences for PP - Yr 6 at 8.45am each day.
**Book Club.**

Just a reminder that all Issue 5 book club orders must be completed by **Friday 5th August.**

If you wish to order online you may use the LOOP system. Please note that if you do use LOOP DO NOT send the order form to school as this will result in a doubling up of orders.

If you do not wish to order on line please send your completed order form with correct money or cheque made out to ‘Scholastic Australia’ to the class teacher by the due date.

*Thank you.*

---

**St. Bene’s**

**Counselling Corner**

This week we completed week 2 of the Protective Behaviours Program – “**Early Warning Signs.**” Students in years 4, 5 & 6 learnt that when we are feeling worried, scared or unsafe our bodies alert us to the fact. These changes which may be such things as an increase in our heart rate or sweaty palms are individual to us all and knowing what our early warning signs are enables us to stop and consider if we are in fact in an unsafe situation and respond accordingly.

Our class this week definitely involved a lot of laughs. I showed the classes a clip from Mr Bean and had them identify what Early Warning Signs he may be experiencing when too frightened to jump of a high diving board. After brainstorming what possible Early Warning Signs Mr Bean may have encountered, I had a few children volunteer to engage an activity that would help them identify some of their own Early Warning Signs. The activity was a game of “Pie Face” in front of the class and despite the fun of being creamed in the face – the children were able to experience some of their very own Early Warning Signs.

Each of the children were given an outline of a body and asked to consider their own “early warning signs.” Encourage your children to discuss with you what they learnt about themselves and their own bodies.

**Highway Heroes Program**

In other news, this week I began running certain modules from the “Highway Heroes Program” with some individual students and small groups. St Benedict’s have purchased this very exciting Social and Emotional Learning Program, which includes 4 specific and relevant modules. The modules can be used individually with Children to tackle specific issues or more broadly with whole classes or small groups. The modules include : “Connecting 4 Friendships”, “Sticking Up 4 Me: Beating Bullying & Taming Teasing”, “Tricks 4 Getting It Done; The Secrets of Staying Power & Grit,” and “Strategies 4 Managing Me; Mood Management & Resilience.” Each module includes parent handouts and home activities.

For further information on the program visit: [www.bestprograms4kids.com](http://www.bestprograms4kids.com)

---

**BOOK WEEK - ‘AUSTRALIA: STORY COUNTRY’**

Book week is fast approaching. A note has been sent home today with all the dates and details. The many events and dates are:

1. **STORYTELLING SESSIONS**  
   Years 5&6 **Monday 15th August**  
   Years 1&2 **Thursday 18th August**

2. **DRESS UP DAY** - **Tuesday 23rd August**

3. **BOOK FAIR**  **Tuesday 23rd August** until **Friday 26th August**