Dear Parents and Members of our School Community

As a parent it can sometimes be a concern having students with special needs in your child’s class. Under the education act everyone, no matter what their needs are, have a right to a mainstream education.

As a Catholic community it is part of our mantra to welcome all people with open arms and teach them about who we are. Special needs come in all different shapes and forms, they can be physical, intellectual or social. Often much patience, tolerance and kindness is required when working with children with special needs and that is where we as a Catholic community are well placed.

Please click on the link to read about Asperger’s syndrome which is closely related to Autism. The aim of the article hopes to give you an understanding of how people with Asperger’s may think and react and how we can support them and why it is important to always look at the big picture. As a school we have children on the Autism Spectrum to whom this article applies. Please have a careful read and possibly discuss with your own child.


On another note, in the order of trying to keep things safe for our students after school and reduce traffic congestion are there any parents interested in volunteering to help run a walking school bus down to Strickland each afternoon? currently there are no crossings that would help us during these busy times and we thought the parent community may be able to provide some assistance here.

Please keep Father Phillip in your prayers. It was announced over the weekend that he is leaving the Parish in June, at the request of the Arch Bishop to undertake further studies overseas. Father Phillip has been an integral part of our community and a wonderful parish priest. I am extremely thankful to have had the opportunity to work with him. We wish Father well with what the future has in store for him.

Collingwood are finally back on the winner’s list. They face a very good side in Geelong this week and should be looking forward to the challenge ahead.

Until next week
God Bless

Darren McDonald
Principal

**Prayer of St. Francis**

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love.
For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen

**Important Dates to Diarise**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>18 May</td>
<td>P &amp; F Meeting @ 7pm in the Library</td>
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<tr>
<td>20 May</td>
<td>Merit Award Assembly</td>
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<td></td>
<td>Yr 5/6 Winter Sport</td>
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<td>27 May</td>
<td>PPB Class Assembly</td>
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Dear Families and Friends,

Last Friday, our Year 6 students and their Pre-Primary buddies lead our school in a Pentecost Liturgy of the Word. They truly exemplified the spirit of Jesus throughout a meaningful and engaging liturgy.

Last Thursday, St Benedict’s hosted an information session and morning tea for prospective parents to our school. Thank you to our Year 6 students who, as part of a class project, took these families on guided tours of the school. The feedback from the visiting families was so positive and our Year 6 students represented our community beautifully. Thank you to Mr Fonseca for coordinating this for us.

Last Friday, our Year 5 & 6 students participated in Winter Sports against St Pius. Our students showed exceptional sportsmanship and participated in a range of games including soft cross, soccer, lead tag and European handball. We look forward to supporting these students again when they compete against St Columbus next week.

On Thursday 2nd of June, our Parent Graduation Committee have organised a Domino’s Pizza Lunch Day. Your child will receive an order form home today and all orders are asked to be returned by Friday 27th of May. All money raised will go towards the Year 6 Graduation. Thank you to Jaqui Covella for coordinating this for our students.

Hope you all have a lovely weekend,

Michelle Christian
Assistant Principal

In Little Bennies Blue this week, we have had lots of opportunities to develop our fine motor skills including threading, building, punching holes, drawing, painting and stamping. While the children were engaged in these activities, I overheard some incidental counting going on. This is just one of the many examples our children demonstrate learning through play.

We were also lucky enough to have hatching chicks visit the kindy. It was so interesting to see the difference between the newly hatched chicks who were all wet and wobbly on their feet, to the dry and fluffy super energetic chicks who were only a day older!!

Michelle Higgs
Early Childhood Teacher

To all our St Bennies families,

Our next P&F meeting will be held in the library tonight at 7pm, we’d love to see you there. Have a wonderful week,

Tanya Dowse-Kerr, P&F President

The Graduation Committee is organizing a Pizza Lunch Day for the school. It will be held on Thursday June 2nd. You can order pizza and a drink for your child. Spare order forms for lunch is at the end of the newsletter. Can you please have your monies to the class teacher by Friday May 27th.

If you have any enquiries please contact- covella.jaqui@cathednet.wa.edu.au

Thanks for supporting our Grade Six Class

The Graduation Committee

The smaller size 6 and 7 shirts have arrived. If you were wanting a smaller long sleeved blue shirt come see us at the Uniform shop on Thursday from 8.30 to 9.30am.
Science

So much is happening during Science lessons this term. Here is a snippet from each class:

**Pre-Primary: What’s it made of?**

We have been looking closely at objects and what they are made of. We know we must choose a suitable material when making objects. When people need something strong or hard they might use metal or wood. When people need something to see through they might use glass or clear plastic. We also found out that it would be silly to make a car out of marshmallows or a book of glass!!

**Year One: Look! Listen!**

We have made a book called ‘Things that make a sound’. Some examples are: cats, owls, jets, clocks, roosters and police cars. We also found some places around the school that are light – the playground, and dark—inside a storeroom.

**Year Two: Push-pull.**

We have been investigating push and pull forces around the home. For example

- I pull the drawer open to put my clothes away.
- You push the oven door to close it.
- If you pull the fridge door it opens.
- You push and pull the vacuum cleaner.

**Year Three: Melting moments...**

So far this term we have observed objects that have changed shape due to melting or freezing. We completed a home activity to record objects that melt and reasons why they melt. Some of our findings were:

- chocolate because I held it in my hand too long.
- butter because the toast was hot.
- icy pole because it was in the sun.
- ice because we took it out of the freezer.

**Year Four: Magnetic moves.**

We have been investigating how magnets exert a pull on objects and how a magnetic force attracts objects through different materials. We also investigated how magnets attract and repel each other.

**Year Five: Light Shows.**

We have just completed this unit. Many investigations were undertaken and some of our findings were:

- Light travels in straight lines.
- Materials can be transparent, translucent or opaque.
- Water refracts light.

**Year Six: Change Detectives**

So far this term we have observed a ‘Mess Scene’ and used evidence to investigate what we thought had happened. We answered question such as: ‘What changes have occurred to the original objects and materials?’ eg. a melted icy pole and a dissolved alza-seltzer tablet, and ‘Do you think the changes can be reversed?’
Cross Country Training

Cross Country training continues on Wednesday and Friday mornings for years 3-6 to prepare for our Faction Cross Country Carnival which will be held on Wednesday, June 1.

Year 6 won the best attendance award for the first week of training, with Years 3 and 5 following close behind.

Please note, next Wednesday (May 25) our training session will be at Tompkins from 7.45am – 8.15am.

Friday Winter Team Sports Years 5 and 6

Our Year 5 and 6 students had a very positive start to the winter team sports competition playing against St. Pius X School in the sports of European Handball, Soccer, SoftCrosse and League tag. The aim of these Friday competitions is to give our students some match practice before their Lightning Carnival on Friday June 17.

Thank you Mrs Chapman for helping us with soccer last Friday.

Our next competition day will be on Friday, May 27 against St Columbas. The games will be played at St. Benedict’s and Shirley Strickland Reserve, commencing at 1.00pm.

Please take time to read the ‘Codes of Behaviour’ we follow for all sporting events. Thank you.

Sport and Physical Activity
How it can help your children learn better

Research has shown a positive link between physical activity and academic achievement with active boys and girls more likely to pass exams, and showing links to improvements in maths and reading.

Research has also shown that physical activity improves memory, behaviour, concentration and reasoning ability. Children who exercise improve their motor skills and their on-task behaviour in lessons.

Exercise has biological, psychological and social benefits. It increases blood flow to the cortex of the brain which is associated with memory and problem solving. It can stimulate nerve growth and development in the brain and can increase the brain’s resistance to injury.

Find out more by reading:

‘Brain Boost: how sport and physical activity enhance children’s learning.’ A Department of Sport and Recreation publication

Visit

www.biggerpicture.dsr.wa.gov.au
www.curtin.edu.au/research/csrr/

Recycling Initiatives at St Benedict’s Include:

- Batteries
- Aluminium Cans
- Printer Cartridges
- Ring Pulls
- Mobile Phones
Hi there, I am the part-time School Social Worker, working alongside staff to support the needs of our students and families. Together we aim to provide a safe and positive learning environment. I can see children individually (on referral) and in groups for discussions on various topics – so stay tuned for my page! If you think your child may benefit from some additional support please do not hesitate to contact me.

Protective Behaviours Program continues in PP and Kindy

Week 3 – Safety Continuum and Problem Solving

This week we continued the program in Pre Primary and Kindy Classes. Our aims for this week were:

1. Introduce the concept of the safety continuum – safe (happy, no early warning signs) - fun to feel scared (a little scared, but maybe excitement also). If any early warning signs, there are also the elements of choice, control and a time limit. Unsafe (feelings worried or scared with early warning signs and no choice, control or time limit).
2. Introduce the strategy of problem solving
3. Students will identify problem solving strategies to use if lost at the shops.

School home connection – What you can do at home

“Safety” is a physical, emotional and psychological state and involves having informed choice and control over any situation you find yourself in.

SAFETY = CHOICE + CONTROL + A TIME LIMIT

Feeling safe and feeling unsafe is unique to every individual. For example feeling safe or unsafe around a dog, or feeling safe or unsafe in the dark. Children being able to recognise the difference between feeling safe or unsafe is crucial to the Protective Behaviours Program. As parents we cannot prescribe or define a safe or unsafe situation for our children but can talk to them about some of the common feelings associated with feeling safe; such as feeling loved, warm and secure, and some of the common feelings with feeling unsafe; stuck, scared, sad.

1. Complete with your child the “If I got lost” activity sheet and talk with them about how they would problem solve
2. Encourage your child to draw pictures of their safe place
3. Talk with your child about ways someone who is feeling unsafe can make themselves feel safe again.

A Reminder - Protective Behaviours WA (PBWA) runs community parent workshops and their website has various resources available on line including a parent handbook which provides information on how you as parents can reinforce the messages of the program (above information adapted from parent handbook).

www.protectivebehaviourswa.org.au

Contact: Stephanie Bolton
St Benedict’s Primary School (Tuesday & Thursday 9-2.30)
Ph: 6217 3500 Email: bolton.stephanie@cathednet.wa.edu.au
St Benedict’s School
Domino’s Pizza Lunch Day
Organized by the Graduation Committee
Thursday June 2nd 2016

Student Name ____________________________
Class _________________________________

Option 1
One piece of pizza & juice box $3
☐ Ham & Cheese
☐ Simply Cheese
☐ Hawaiian

Option 2
Two pieces of pizza & juice box $5
☐ Ham & Cheese
☐ Simply Cheese
☐ Hawaiian

If your child has special dietary needs please let us know.

Please hand all monies to the class teacher by Friday 27th of May.

If you have any enquiries please contact: covella.jaqui@cathednet.wa.edu.au
Community News

Canteen Volunteers List
Manager: Jodie Budiselic - 0403 330 828

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Name(s)</th>
<th>Notes</th>
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<tbody>
<tr>
<td>5</td>
<td>25 May</td>
<td>Guna Warti</td>
<td>Help Needed Please</td>
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<tr>
<td>6</td>
<td>1 June</td>
<td>Jessica Djayawinata</td>
<td>Help Needed Please</td>
</tr>
<tr>
<td>7</td>
<td>8 June</td>
<td>Colleen Morris</td>
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<td></td>
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<td>Eileen McKenzie</td>
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<td>8</td>
<td>15 June</td>
<td>Eileen McKenzie</td>
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<td>9</td>
<td>22 June</td>
<td>Help Needed Please</td>
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<td>10</td>
<td>27 June</td>
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Fresh bites Canteen

Check the website for the menu and ordering details:

Volunteers needed - Please contact Admin to put your name down on the list. Mums, dads, grandparents all welcome.

Canteen orders must be placed into the blue wheelie bin by 8.30am on Tuesday mornings.

Please write your child’s name and order on either an old envelope or brown lunch bag and securely enclose the money with it.

We’re very excited to be fundraising with Entertainment™ this year. Order your NEW 2016 | 2017 Entertainment™ Books and Entertainment™ Digital Memberships from us today, and 20% of the proceeds contribute towards our School!

Order your new Entertainment™ Book or Entertainment™ Digital Membership before 4 May 2016 and you will receive up to $230 worth of additional offers that you can use right away!

Payment options include: Cash, cheque or online.

Challenging Behaviour
A WORKSHOP FOR FAMILIES

Developmental Disability WA, the Side by Side Project and the Disability Services Commission of WA are pleased to invite parents and other family members to come along and explore:

☑ Common myths about challenging behaviour,
☑ Why people behave in challenging ways,
☑ What is Positive Behaviour Support,
☑ Understanding each other (when challenging behaviour is in the way),
☑ How to develop plans for long term strategies which are going to be helpful.

This interactive workshop is being presented by a team of parents and professionals who have been working together and have identified real strategies of support that are achievable and lasting.

Where: Rockingham—Gary Holland Community Centre
19 Kent St, corner Finders Lane
Padbury—Forrest Park Community Centre
47 Forrest Road

Cost: Free Event—Registration includes welcome morning tea & light lunch.

Online Registration: Go to www.ddc.org.au/events-june-2016/
Information: mary.butterworth@ddc.org.au or 9420 7230

Places are limited

10:00AM—2:00PM
FRIDAY 17 JUNE 2016 ROCKINGHAM
MONDAY 27 JUNE 2016 PADbury
Pupil Free Day!
Friday 3rd June 2016

Come and join the fun with us at our upcoming Pupil Free Day

**When:** Friday 3rd June 2016

**Time:** 07:00 to 18:00

**Where:** The Before and After School Care Room at St Benedict's School

**Fees:** $53.88*

**Out of Pocket guide (with rebates)**: $8.29 to $26.94

**Bookings:** Must be made by Friday 27th May 2016. At least 18 children are needed in order for the day to run, so tell your friends!

There's lots to do and lots of fun to be had with your friends and the Camp Australia Team at the upcoming St Benedict's School Pupil Free Day.


We look forward to seeing you soon!

St Benedict's School Camp Australia Team.

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*Notes on fees:
1. The Child Care Benefit (CCB) is income tested and scaled, resulting in payments of between 0% and 85% of the fees.
2. The Child Care Rebate (CCR) is not income tested and is available to almost all Australian families. It provides a rebate of 50% of fees after the CCB has been calculated and applied. Out of pocket expenses to be used as a guide only and are subject to change. Individual circumstances will vary.*
Pupil Free Day!
Monday 5th September 2016

Come and join the fun with us at our upcoming Pupil Free Day

When: Monday 5th September 2016
Time: 07:00 to 18:00
Where: The Before and After School Care Room at St Benedict’s School
Fees: $53.88*
Out of Pocket guide (with rebates)*: $8.29 to $26.94

Bookings: Must be made by Monday 29th August 2016. At least 18 children are needed in order for the day to run, so tell your friends!

There’s lots to do and lots of fun to be had with your friends and the Camp Australia Team at the upcoming St Benedict’s School Pupil Free Day.

To book visit www.campaustralia.com.au or call our friendly Customer Service Team on 1300 105 343.

We look forward to seeing you soon!

St Benedict’s School Camp Australia Team.

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The Choristers Camp is in Perth 2016!

The Royal School of Church Music Australia offers a residential camp for 8 -18 year olds who have a passion for singing. It is run every winter in Western Australia, and can be anywhere from Geraldton to Esperance, but this year, the week-long residential event will be based in Claremont!

Choir Camp is about more than just singing. It is a place of companionship, acceptance, laughter and fun where, over the years, many participants have made life long friends that get to meet up again and again as they come back each year. Voice For Life badges can be earned, and a wide variety of music is covered.

Camp fees include all meals, activities, accommodation, transport, and music.

Applications close on 30th June, but apply before 31st May for your discount!

What: Annual Choristers Camp
When: 5 July 2016 until 10 July 2016
Where: Christ Church Grammar School, Claremont

email for more information - laphillips@iinet.net.au