Delite Bite - St Benedict’s School Canteen Menu (Term 4 & 1 Summer Menu)

**RECESS**

Pre-order and counter service available

- Popcorn: .50c
- Trail mix: $1.00
- Cranberries, sultanas, cereal and popcorn: $1.00
- Chocolate/Blueberry muffin: $1.00
- Cheesie: $1.50
- Chicken Strip: $1.00
- Yogurt cup (Vanilla): $2.00
  (add Banana, Berries or Granola)
- Cheese, cracker & vegi snack pack: $1.50

**LUNCH**

**Sushi** (Order by Tues)
- Tuna, Chicken or Vegi
  - 3 pcs = $3.80  5 pcs = $5.50  8 pcs = $7.20
- Rice paper rolls – Chicken = $5.50
- Mini cucumber rolls (5) = $3.20

**Salad Box**
- Lettuce, tomato, cucumber, carrot, mushrooms, cheese

- Served with a dinner roll: $3.50
- With egg: $4.00
- With tuna or ham: $5.00
- With chicken: $5.50

**Toasted Focaccia**
- Ham, cheese and tomato: $5.00
- Chicken, cheese, spinach: $5.00
  Add avocado - 50c

**Sandwiches/Wraps and Rolls**

1 Filling: $3.50
2 Fillings: $4.00
3 Fillings: $4.50

**Choose each different filling’s from:**
- Ham, Tuna, chicken, cheese, egg & salad
- (Salad = lettuce, Carrot, Tomato, Cucumber)

- Roll or wrap: add $1.00
- Gluten free bread: add .50

Indicate if you want it toasted

**HOT FOODS**

**Mini Pizza (made to order)**: $4.50
Choose your topping: Ham, cheese, pineapple, mushroom, olives

**Hot Dog**: $3.50
Lite skinless frank with Sauce

**Hamburger (wholemeal bun)**
- 100% Beef Patty
  - With cheese and sauce: $4.00
  - With lettuce, tomato, carrot: $4.50

**Pies and Sausage Rolls** (sauce by request)
- Sausage Roll: $3.50
- Cruizer Meat Pie: $4.00
- G/F Meat pie/Sausage roll: $4.50

**DRINKS**

- Nudie juice box: $2.00
  (Apple/orange)
- Flavoured Milk: $2.00
  (Chocolate/strawberry)
- Juice Bombs: $2.50
  (Grape, Apple and Raspberry, Apple and Blackcurrant)

**AFTER LUNCH**

Available for years 1-6
Counter service only

- Quelch Icy pole: $1.00
- Moosie (Milk freeze): $1.50
  (chocolate/strawberry)
- Juicies (frozen fruit juice): $1.50
  (Wild berry, Tropical, Lemonade)
- Fro-yo (Frozen Yoghurt Tub): $2.00

Please place all orders in by 9am Tuesday morning.
(This allows for prep time on Wednesday)

All orders placed after Tuesday will be limited to only
Pies, Sausage rolls, Pizza and hotdogs

We would love to have you come and volunteer in the canteen.
Any amount of time will help - Please contact Simone at
0438 325 979  http://signup.com/go/eGCGasD - Sign up link
To improve efficiency and to make life easier at home - we have launched *QuickCliq* – an online ordering system linked to the school canteen. (no more searching for change and brown bags)

The attached flyer details both the easy-to-follow steps to register and the methods of payment.

Here are the main points:

Once registered with *QuickCliq* you can go to our school page detailing all menu items. The cut-offs for ordering are: 9am on Tuesday

(Sushi and Rice paper rolls must be ordered by Tuesday at 9am)

NB: Late orders received after 9am on Tuesday's will have a restricted menu.

To avoid disappointment and to order from the full menu, please ensure you have placed your order online by 9am on the Tuesday morning.

You can order for up to 4 weeks in advance, simply log on and charge your account with funds.

The cash system and blue lunch bin will be eventually phased out.

We hope that Parents, Caregivers and Students will take advantage of this online ordering system and hopefully you see it being more convenient for you


Please discuss with your children what they are ordering to avoid disappointment and confusion.

The Canteen follows the Healthy Food and Drink Policy – Traffic Light System. All foods sold are approved by the WA school Canteen Association. All foods are rated green and amber.

All hot meals are made from scratch using fresh, high-quality ingredients.

I would love to have your help in the Canteen. It is parent volunteers that are crucial to the success of the Canteen. You are our most precious resource and are essential for the smooth operation of the Canteen.

There are many benefits to volunteering! You will make new friends, improve or learn new skills, have a few laughs with a great bunch of people, and most important of all, you will be doing something very worthwhile for your school community.

Your children will love seeing you “working” in the Canteen. As a Canteen volunteer you will be provided with bottomless cuppas, an “A la Carte” lunch from the menu and your child will also receive a $5 voucher to spend at the Canteen at any time (on lunch orders only)

Volunteers are required from school drop off to 1.30pm. I promise to make you feel very welcome. Any amount of time that you can help will be appreciated. A Canteen roster is on the Canteen window, please write your name and the time you are available or go to:

http://signup.com/go/eGCGasD

I look forward to meeting you.

Please contact Simone - 0438 325 979 or delite.bite@outlook.com