I’m back this year as part-time Student Counsellor, working alongside staff to support the needs of our students and families. Together we aim to provide a safe and positive learning environment. I will see children individually and in groups for discussions on various topics – so stay tuned for my page! If you think your child may benefit from some additional support please do not hesitate to contact me or they can drop a note in my box in their classroom.

This week the year 4’s and I have had a great time discussing Our Perspective

The children learnt that our “perspective” is how we view things and sometimes it is hard to remember that other people see the same things differently to ourselves.

To demonstrate this, I showed the children a series of optical illusion pictures and asked them what they saw. This was heaps of fun! The children quickly realised how sometimes it is hard to see things differently, but we learnt how opening our mind and truly listening to another person’s thoughts helped us consider another person’s “Point Of View”

We talked about how often we have a different point of view to others and how sometimes this can lead to an argument or disagreement. The activity showed us that it is possible to put aside our past thinking and listen to another person’s views. Sometimes this is hard, as we found we often automatically jump in and defend what we believe to be true.

We learnt that it is important to look at things from a different perspective and that a disagreement can never be solved as long as both people are only looking at their side of the story.

We also discussed how we felt towards those who saw the pictures differently to ourselves and how we felt when we “discovered” the other aspect of the pictures.

The activity helped us to recall past disagreements with our friends and siblings. We talked about the benefit of re-looking at these situations and taking into consideration the other person’s point of view. This helped us to acknowledge that our perception may not always be the only way to see things, and that is ok.

“CHILD, YOU HAVE TO LEARN TO SEE THINGS IN THE RIGHT PROPORTIONS. LEARN TO SEE GREAT THINGS GREAT AND SMALL THINGS SMALL.”— CORRIE TEN BOOM

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