Learn how to guide your daughter through the unpredictable world of female friendships. You will learn strategies to help her put out Friendship Fires™, how to empower her to stand up for herself, & the best ways to support her through unhealthy friendships. GirlPower will give you a new “language” for talking about friendship, helping you connect with your daughter and open up those lines of communication. **Note:** This workshop is best suited for girls in Years 3 to 6 and their parents. Parents of younger children are welcome to come on their own.

**Thursday 23 April 2015**
5:00 pm to 7:00 pm

**where:**
Library
St Benedict’s School, Ardross

Register today!

The P&F are kindly subsidising the cost of this workshop. Tickets when using the discount code are $25 per person and include expert instruction, handouts, a GirlPower pencil and sticker, and a chance to ask questions one-on-one following the workshop. GirlPower’s parent-daughter workbook *The Friendship Project* and posters will be available for purchase. To register, go to: [www.trybooking.com/DIKX](http://www.trybooking.com/DIKX).

To learn more about GirlPower & GoodGuys and the programmes available for girls, boys, parents, & educators, please visit [www.urstrong.com](http://www.urstrong.com) or email australia@urstrong.com.